

Private, personalised YogaVibe

Would you like a truly personalised practice completely customised to suit your physical ability, to meet your goals and aspirations, to feel totally at ease in your own dedicated session with just you or you & your loved ones?

I absolutely love bespoke yoga sessions, I'm very passionate about the all encompassing practice of yoga being made available and enjoyable to individuals, we are all unique so why should one size(/practice/style/pace) fit all?! Of course my answer is: it shouldn't! Let's embrace and celebrate our uniqueness!

If you feel ready to gift yourself with this time and attention you deserve please feel free to enquire for further details. You can choose between 1 hour sessions, 1.5hour sessions, or express sessions of 45minutes.

Private virtual sessions can be organised at your convenience, for yourself, for you and your partner / family member(s) or friend(s) who of course do not need to be physically with you as we'll be using the video conferencing system to connect!

The private yoga pricelist will be reduced during these tough times. Previous private clients can enjoy a further discount during this time & we can start where we left off on your holiday in Tenerife! 🍹