

Yoga Vibe Tenerife

Tenerife

EUROPE



THE PLACE

Living up to its nickname "Island of Eternal Spring" the winters are gloriously warm and the summers are just gorgeous! The outdoors lifestyle can be enjoyed every day.

THE YOGA

Group classes: enjoy your own holiday and drop into the regular yoga vibe sessions held outside overlooking the ocean and stunning skyline. Private classes: pre-arrange personalised, private yoga from your holiday accommodation or a beautiful outside space. Yoga holidays: immerse yourself in twice daily yoga, sunny savasanas, nutritious delicious soulfood and discovering the beauty of Tenerife during set retreat dates.

THE FOOD

Your break can be enhanced with an environmentally conscious meal plan whether you choose a retreat week or holiday your way.



The Unique Stuff

Our teacher, Emily teaches through modification so every'body' can reap the rewards of the practice, regardless of level of fitness or flexibility. Special guests: delighted to announce David Sye's notorious Yogabeats raves, workshops and retreats in Tenerife!

THE ACCOMMODATION

During set retreat dates: the beautiful, tranquil Colonial House is located up the hillside boasting a jaw dropping view of the coastline & neighbouring Islands or source your own accommodation and enjoy drop-in or private classes.

THE ACTIVITIES

Endless activities to choose from including: SUP, surfing, paragliding, trekking, cycling/exploring the beauty of Tenerife via land or sea.

THE INFO

Holiday weeks are priced from €700. Private, personalised sessions on your own holiday are priced from €60.



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yogavibetenerife.com